

# Cardoso

PORTUGUESE  
KITCHEN & BAR

## Starters

<b>FRESH OYSTERS</b> each	R20
<b>MUSSELS</b> cooked in our creamy white wine and garlic sauce	R67
<b>RISSOLES</b> 3 Rissoles - Chicken or Prawn or Beef	R99
<b>CALDE VERDE</b> traditional portuguese green soup	R48
<b>PRAWN HALLOUMI SKEWER</b>	R66
<b>CHICKEN LIVERS</b>	R58
<b>CHICKEN GIBLETS</b>	R58
<b>CHOURIÇO</b> sliced Portuguese sausage 200g	R75
<b>SNAILS</b> served in garlic butter or creamy garlic sauce	R79
<b>PRAWN AU GRATIN</b> deshelled prawn prepared in a creamy cheese sauce	R83
<b>CHICKEN TRINCHADO</b> chicken fillet cut up served in our secret trinchado sauce	R72
<b>SQUID HEADS 125g</b> grilled and dressed with lemon butter	R72
<b>MESA TRINCHADO</b> cubed rump served in our secret red wine sauce	R72
<b>MESA CALAMARI 125g</b> tubes grilled and dressed with lemon butter	R72
<b>MESA SARDINES 220g</b> 2 sardines grilled the traditional way	R55
<b>PORTUGUESE GARLIC BREAD</b>	R45
<b>PICKLED OCTOPUS 200g</b> pickled traditionally	R140

## Salads

<b>PORTUGUESE SALAD</b> lettuce, tomato, onion, green pepper, cucumber, and olives	R55
<b>GREEK SALAD</b> lettuce, tomato, onion, green pepper, cucumber, olives and feta	R75
<b>CHICKEN SALAD</b> lettuce, tomato, onion, green pepper, and cubed filleted chicken breast	R85
<b>CALAMARI SALAD</b> lettuce, tomato, onion, green pepper, and grilled calamari tubes	R92
<b>CHOURIÇO SALAD</b> lettuce, tomato, onion, green pepper, cheddar cheese and chouriço	R92

## Light Meals

<b>PREGO, CHIPS &amp; SALAD</b>	R70
<b>BURGER, CHIPS &amp; SALAD</b> chicken or beef	R75
<b>FISH &amp; CHIPS</b>	R110
<b>VEGETARIAN PLATTER</b> rice, crumbed mushrooms, and grilled halloumi cheese	R120
<b>GRILLED CHICKEN FILLET</b> served with chips and salad	R95
<b>CHEESE BURGER</b> Beef patty and cheese served with chips and salad	R89
<b>DOUBLE CHEESE BURGER</b> 2 beef patties and cheese served with chips and salad	R130

## Sauces

<b>MUSHROOM   GARLIC   PEPPER   CHEESE</b>	R25 PER SAUCE
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## Meat

<b>SIRLOIN STEAK</b> served with your choice of sides	200G R120 300G R139
<b>FILLET STEAK</b> served with your choice of sides	200G R160 300G R210
<b>RUMP STEAK</b> served with your choice of sides	200G R120 300G R140
<b>PORTUGUESE STEAK</b> served with an egg and our trinchado sauce, with chips and vegetables	200G R145 300G R165
<b>T-BONE 600g</b> served with your choice of sides	R210
<b>LAMB CHOPS</b> 400g, served with your choice of sides	R195
<b>PORK NECK ESPETADA</b>	R135
<b>PICANHA 400g</b> (Served on a black plate) Served with your choice of sides	R165

## Poultry

<b>BABY CHICKEN</b> prepared in peri-peri or lemon and herb, served with your choice of sides	R142
<b>HALF CHICKEN, CHIPS &amp; SALAD</b> peri-peri or lemon and herb	R92
<b>CHICKEN ESPETADA</b> 4 chicken thighs prepared in peri-peri or lemon and herb, served with your choice of a side	R140
<b>CARDOSO CHICKEN FOR 2</b> 1,1KG chicken prepared in peri-peri or lemon and herb sauce, served with a Portuguese salad and chips	R179
<b>CHICKEN &amp; PRAWN CURRY</b> deshelled prawns and filleted chicken breasts prepared in a coconut cream based curry sauce	R155
<b>CHICKEN TRINCHADO</b> chicken fillet cut up served in our secret trinchado sauce, served with your choice of sides	R110

## Specialities

<b>BEEF TRINCHADO</b> cubes of rump and covered in our secret red wine based sauce	200G R105 300G R125
<b>SPARE RIB 1 RACK</b> 400g served with your choice of sides	R165
<b>SPARE RIB 2 RACK</b> 800g served with your choice of sides	R225
<b>PORK CHOPS 300G</b> 2 succulent chops prepared in a sweet basting sauce, served with your choice of sides	R136
<b>BEEF ESPETADA 400G</b>	R155

## Specials of the day

<b>SLOW ROASTED PORK BELLY</b> served with Cardoso's secret sauce	R140
<b>LAMB CURRY</b> mild curry served with your choice of a side	R155
<b>LAMB SHANK</b> prepared traditionally with fresh rosemary and red wine, served with your choice of a side	R185
<b>TRIPE (DOBRADO)</b> prepared Cardoso's style	R125
<b>SOLE THERMIDOR</b> served with sides of your choice	SQ
<b>BABY KINGKLIP</b> served on the bone with your choice of sides. <i>Subject to availability</i>	R206

## Combos

<b>HALF CHICKEN &amp; CALAMARI 125g</b>	R186
<b>HAKE &amp; 6 MED PRAWNS</b>	R182
<b>HALF CHICKEN &amp; RIBS</b>	R170
<b>200G RUMP &amp; 6 MED PRAWNS</b>	R199
<b>200G RUMP &amp; CALAMARI</b>	R189
<b>HAKE &amp; CALAMARI</b>	R188
<b>CALAMARI &amp; 6 MED PRAWNS</b>	R155
<b>HALF CHICKEN &amp; 6 MED PRAWNS</b>	R154

## Fish

<b>GRILLED CALAMARI 220g</b> tubes dressed with lemon butter, served with your choice of a side	R167
<b>CRUMBED CALAMARI</b> calamari tubes deep fried, served with your choice of side	R167
<b>GRILLED SOLE 230g</b> east coast sole, dressed with lemon butter, served with your choice of sides. <i>*Subject to availability.</i>	RSQ
<b>FILLET OF KINGKLIP</b> grilled and dressed with lemon butter, served with your choice of sides	R220
<b>NORWEGIAN SALMON 250g</b> 250g served with your choice of sides	R290
<b>TUNA STEAK</b> Served Cardoso's Style	R170
<b>SARDINES</b> prepared with coarse salt, served with a boiled potato, green pepper, onions and salad	R132
<b>BACALHAU 300g</b> codfish served with chickpeas, salad boiled potato and an egg	R275

## Seafood

<b>MEDIUM PRAWNS</b> served with your choice of sides	6 SQ 10 SQ 1KG SQ
<b>QUEEN PRAWNS</b> served with your choice of sides	6 SQ 10 SQ 1KG SQ
<b>KING PRAWNS</b> served with your choice of sides	6 SQ 10 SQ 1KG SQ
<b>PRAWNS NACIONAL</b> 8 queen prawns prepared with chilli, garlic, beer and a touch of cream	SQ
<b>PRAWN CURRY</b> deshelled prawns prepared in a coconut cream based curry sauce, served with your choice of a side	R195
<b>SEAFOOD PLATTER FOR 1</b> 5 medium prawns, calamari, 1 piece of fish, 2 mussels, rice and chips	R285
<b>SEAFOOD PLATTER</b> 4 king prawns, 8 queen prawns, 10 medium prawns, calamari, mussels, 2 pieces of line fish, rice and chips	R790

## Sides

<b>MILHO FRITO</b>	R25	<b>RICE</b>	R22
<b>CHIPS</b>	R22	<b>VEGETABLES</b>	R25
<b>BOILED POTATO</b>	R22	<b>MASHED POTATO</b>	R22

# Pizza

<b>GARLIC FOCACCIA</b> garlic or chilli, olive oil, garlic or chilli & oreganum	R52
<b>CHEESE FOCACCIA</b> garlic & herb with mozzarella	R72
<b>MARGHERITA</b> cheese and tomato	R87
<b>CHICKEN MAYO</b> chicken with mayonnaise	R115
<b>TROPICANA</b> ham, pineapple & bacon	R110
<b>VEGETARIAN</b> onion, green peppers, olives, mushrooms & feta	R120
<b>BBQ CHICKEN</b> BBQ chicken, bacon & mozzarella	R125
<b>CARLITOS</b> chicken, avo peppadew & mozzarella	R140
<b>REGINA</b> ham & mushroom	R115
<b>FOUR SEASONS</b> ham, olives, mushrooms & green pepper	R126

<b>CHOURIÇO</b> chouriço (Portuguese sausage), bacon, ham, green peppers, mozzarella & avo	R125
<b>SALAMI</b> salami, chilli & mozzarella	R115
<b>PEPPERONI</b> pepperoni & mozzarella	R125
<b>MEXICANA</b> bolognaise mince, green pepper, chilli & mozzarella	R125
<b>SPARE RIB</b> spare rib, bacon & feta	R125
<b>PORTUGUESE CHICKEN</b> large peri-peri chicken, green pepper, feta, peppadew, mozzarella & rocket	R125
<b>CARNE SECA AND BACON</b> biltong, bacon, avo*, oregano & mozzarella	R155
<b>CARNE TRINCHADO</b> beef, secret trinchado sauce, mushrooms, green pepper, peppadews, mozzarella & rocket	R145
<b>MEDITERRANEAN</b> prawn meat, calamari, mussels & lemon butter	R179

# Cardoso Platters

<b>CARDOSO SIGNATURE PLATTER</b> 400g ribs, 300g trinchado, 300g chicken wings, 5 samosa's, 5 springrolls, 150g giblets & chips	R390
<b>PLATTER FOR 2</b> 400g ribs, 8 spring rolls, 8 samosa's, 150g chouriço & chips	R265
<b>CARLITO'S PLATTER</b> grilled Portuguese chicken, 400g ribs, 300g chicken wings, 300g rump espetada/trinchado, 150g chips, 6 spring rolls & garlic focaccia	R450
<b>CARNIVORE PLATTER</b> 400g ribs, 300g chicken wings, 4 samosa's, 4 spring rolls, 350g chicken strips, 150g chouriço & chips	R320
<b>GIANT PLATTER</b> 800g ribs, 700g chicken wings, 10 samosa's, 150 halloumi, 300g chouriço & double portion chips	R590
<b>MEAT PLATTER</b> 1.2kg whole chicken, 400g ribs, 400g picanha sliced, 4 beef rissoles, 4 beef samosa's, 4 beef spring rolls, chips, milho frito & 90ml pepper sauce	R700
<b>GABISILE PLATTER</b> 15 med prawns, 10 spring rolls, 10 samosa's, 150g halloumi, 300g chicken strips, chips & a portion of milho frito	R550
<b>CHAMP PLATTER</b> 1.2kg grilled chicken, 300g trinchado, 5 beef samosa's, 5 chicken samosa's, 10 rissoles, 150g halloumi, 200g chicken livers & chips	R550

# House Wine by Glass

<b>DURBANVILLE HILLS SAUVIGNON BLANC</b>	R68
<b>NEDERBURG 56HUNDRED CHENIN BLANC</b>	R50
<b>CAPE PORTRAIT WHITE BLEND CHENIN BLANC / SAUVIGNON BLANC</b>	R45
<b>GD LIFE SAUVIGNON BLANC</b>	R55
<b>DURBANVILLE HILLS MERLOT</b>	R75
<b>GD LIFE CHARDONNAY</b>	R60
<b>GD LIFE DRY RED</b>	R55
<b>CAPE PORTRAIT RED BLEND CABERNET SAUVIGNON SHIRAZ</b>	R50
<b>NEDERBURG ROSÉ</b>	R45
<b>GD LIFE SWEET ROSÉ</b>	R48

# Bubbly

<b>J.C. LE ROUX LA FLEURETTE</b> It reveals a delightful melange of sweet, fruity flavours with hints of strawberry, plum and tropical fruit.	R190
<b>J.C. LE ROUX LE DOMAINE</b> It has all the finesse and freshness of a sauvignon blanc intertwined with the gentle sweetness of muscadelle while keeping its crisp youthfulness intact.	R190
<b>DURBANVILLE HILLS SPARKLING SAUVIGNON BLANC</b> The burst of tiny bubbles on the tongue awakens the palate allowing it to fully appreciate the fresh fruit flavours of the wine. Invigorating and refreshing.	R230
<b>PONGRÁCZ Brut</b> On the palate, delicate yeasty tones, layered with toast and ripe fruit are enlivened by a firm mousse and persistent bead that make it particularly attractive.	R300
<b>PONGRÁCZ NOBLE NECTAR</b> On the palate the velvety, creamy butter and citrus notes blend seamlessly with delicate bubbles, light yeasty aromas, crisp, juicy pears, and litchi.	R350
<b>BOSCHENDAL BRUT/ROSE</b>	R347

# Rose Wines

<b>NEDERBURG ROSÉ</b> Clean, fruity and refreshing flavours with a good acid structure.	R135
<b>DURBANVILLE HILLS ROSÉ</b> Refreshing and light-bodied with an abundance of fresh summer berries on the palate.	R185
<b>GD LIFE SWEET ROSÉ</b> Natural Sweet rosé, slightly sparkling with smooth light finish and hints of Muscat Flavours.	R125
<b>CASAL GARCIA ROSÉ</b> This is a very fruity wine enhanced by notes of raspberries and strawberries.	R195
<b>MATEUS ROSÉ</b> Well balanced and tempting wine, brilliantly complemented by a soft and slightly fizzy finish.	R190

# White Wines

<b>SAUVIGNON BLANC</b>	
<b>TWO OCEANS</b> An elegant, crisp wine displaying ripe gooseberry flavours on the fore palate.	R123
<b>NEDERBURG</b> Tropical fruit, gooseberry and herbaceous flavours.	R170
<b>DURBANVILLE HILLS</b> A full mouth-feel the wine is a combination of paw-paw and green apple on the palate.	R180
<b>GD LIFE</b> Fresh and crisp with a slight flinty undertone, delivers fruit flavours balanced by subtle herbaceous notes.	R145
<b>PORCUPINE RIDGE</b> Good weight with freshness and balanced natural acidity.	R155
<b>BELLINGHAM</b> The palate offers an expected burst of citrus and tropical flavours with a crisp and clean finish.	R200
<b>BOSCHENDAL 1685</b>	R250
<b>CHARDONNAY</b>	
<b>NEDERBURG</b> Refreshing with citrus and apricot flavours and a creamy texture.	R195
<b>DURBANVILLE HILLS</b> An elegant, well-balanced wine that fills the mouth with sweet fruit, orange zest leading to a fresh finish.	R195
<b>DU TOITSKLOOF</b> Dried peaches, and subtle wood flavours carries through to the palate of this well balanced wine.	R170
<b>GD LIFE</b>	R160
<b>CHENIN BLANC</b>	
<b>NEDERBURG 56hundred</b> Well-balanced with delicate layers of ripe fruit and a pleasant finish.	R135
<b>DURBANVILLE HILLS</b> Focussed and fresh, partial oaking in supportive role.	R195
<b>SEMI-SWEET</b>	
<b>NEDERBURG STEIN</b> Semi-sweet with fresh fruit flavours.	R135
<b>WHITE BLENDS</b>	
<b>ZONNEBLOEM BLANC DE BLANC</b> Medium-bodied wine with a refreshing, crisp acidity, plenty of tropical fruit flavours.	R135
<b>GRAÇA</b> Lively-coloured, a touch of asparagus on the nose and crisp, lemony, off dry flavours.	R125
<b>CASAL GARCIA WHITE</b> This is a smooth and fresh wine with a delicate and fruity aroma, young and balanced.	R195

# Red Wines

<b>CABERNET SAUVIGNON</b>	
<b>DURBANVILLE HILLS</b> An elegant, full-bodied wine with sweet berry fruits on the palate.	R190
<b>NEDERBURG</b> A rich and full-bodied wine with ripe fruit, cherry and delicate oak spice flavours.	R195
<b>BOSCHENDAL 1685</b>	R320
<b>MERLOT</b>	
<b>DURBANVILLE HILLS</b> A medium bodied Merlot accentuated by soft sweet red fruit, with silky tannins and a lingering finish.	R205
<b>NEDERBURG</b> A well-rounded wine with attractive up-front plum and red fruit flavours and elegant tannings.	R262
<b>GD LIFE</b> Red fruit aroma and flavours supported by soft, smooth tannins.	R160
<b>PORCUPINE RIDGE</b> Raspberry and ripe plum with vanilla flavours and a velvety texture.	R189
<b>BOSCHENDAL 1685</b> Mulberry flavours, supported by refined wood tannis and finishing	R262
<b>PINOTAGE</b>	
<b>NEDERBURG</b> A full mouth-feel with rich fruit flavours, soft tannins and a lingering aftertaste.	R245
<b>GD LIFE</b> Showing dark fruits and well balanced oak as well as hints of mocha flavours.	R160
<b>BOSCHENDAL 1685</b> Elegant and velvety soft with a rich bouquet so distinctive of the Pinotage cultivar	R320
<b>SHIRAZ</b>	
<b>NEDERBURG</b> Full-bodied wine with ripe plum and dark chocolate flavours and a good tannic structure.	R245
<b>GD LIFE SWEET</b> Sweet Red, plumb nose with a hint of spice and sticky raspberry flavours.	R160
<b>BELLINGHAM</b> Flavours of plums, blackcurrants and pepper with hints of dark chocolate and mixed spice.	R210
<b>RED BLENDS</b>	
<b>NEDERBURG BARONNE</b> Gentle oaking and soft, approachable tannins.	R170
<b>RIB SHACK RED BLEND</b> A full bodied muscular red wine with rich, ripe dark berry flavors.	R160
<b>GD LIFE DRY RED</b> An easy drinking red wine with an abundance of sweet fruity flavours. Unwooded. A wine with no harsh tannins	R145
<b>NEDERBURG DOUBLE BARREL</b> Slightly sparkling character, wonderful fruit fullness and crisp fresh texture.	R245
<b>ALTO ROUGE</b> Full-bodied with appealing blackberry flavours followed by tobacco, chocolate, and vanilla.	R285
<b>CASAL GARCIA RED</b> Slightly sparkling character, wonderful fruit fullness and crisp fresh texture.	R195
<b>BOSCHENDAL NICOLAS</b>	R450
<b>RUPERT &amp; ROTHCHILD CLASSIQUE</b>	R387

